

WHAT'S HAPPENING

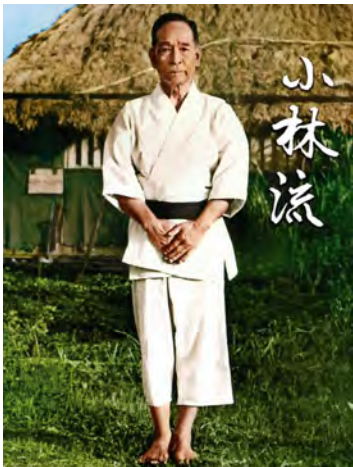
We empower people through excellent martial arts training.



APRIL THEME KICKBOXING AND KNOCKDOWN

If you train hard, you will be pleased with the result.

- Chōshin Chibana 知花 朝信



APRIL TESTING

Testing for Samurai and above will be held on April 6th and again on April 27th.



1,000 KICK SEMINAR



It's back! Join us on Friday, April 19th for an epic challenge that will take your kicks to the next level!

The 1,000 Kick Seminar at Ramtown Karate is a fun challenge that KICKS your fight game up a notch. **Smile, Sweat, and Learn** as you practice new kicks, show off your best kicks, and try some kicks you may have never seen!

Sign up at the front desk or call to reserve your spot, while spots are still available. The cost is \$45 for each participant. We can hardly wait to have you at this exciting and popular event!

SEMPAI CLASS FOR BLUE BELTS AND ABOVE

We will have a Sempai Class on April 3rd at 6:15pm. Ramtown Karate's Sempai team is working on leadership skills that reach beyond the dojo. We are excited to work with this inspiring group of athletes!



TOURNAMENTS

- April 28th NCKF
Yuba City, CA
- May 4th Gold Rush Grass
Valley, CA
- May 5th Oyama Cup San
Francisco



The Junior and Senior Competition Teams traveled to Las Vegas, Nevada for the 2024 North American Open Karate Tournament on March 28th through March 31st.



JOIN THE MAY FAIR PARADE!



All Ramtown students are encouraged to participate with us in the Dixon May Fair Parade on Saturday, May 11th. We will practice in classes and we always have a great time! Be sure to add your name to the sign up sheet at the front desk, or ask your Sensei for details.

SUMMER CAMP IS COMING!

July 22-26, 8am-12

Summer is almost here and Ramtown's Summer Camp sign-ups are officially open! It's always an awesome time with a focus on having huge fun together and experiencing the culture of Okinawa and the community of Ramtown Karate. For more information call (707) 678-4899 or visit our front desk. You can sign up at the front desk or register on our website at RamtownKarate.com/register

